



Packing Suggestions

Please find herewith a list of suggested items which should be used as a guideline whilst planning your trip. Please bear in mind that as mentioned above, there are luggage restrictions of between 15 kg (33 lb) and 20 kg (44 lb) (in a soft bag with no wheels, frames or rigid structures) on light aircraft transfers and 20 kg (44 lb) plus hand luggage of 7kg on most commercial airline flights.

Clothing

The weather in Southern Africa is generally pleasant throughout the year – warm to hot days, and cool to warm nights – with summer (September to April) being the hotter months. During our winter months however (May to August), it can get really cold at night and in the early morning, particularly when on safari, so we would like to suggest that you pack accordingly. In central and east Africa, the temperature variation is generally less – in the summer months it can be quite hot and/or humid and the winters usually do not get as cold.

- > Sun hat/bush hat.
- > Headscarf/bandana – particularly for dusty dry regions.
- > Golf-shirts and/or T-shirts – preferably with a sleeve to protect your shoulders from the sun.
- > Long-sleeved cotton shirts.
- > Shorts and/or skirts – really short skirts are not practical for getting in and out of game drive vehicles.
- > Long trousers/slacks.
- > Track suit.
- > Pyjamas – lightweight for summer and warm/thermal for winter.
- > Underwear – on game drives the roads can be bumpy and uneven so a suitable bra may be required.
- > Socks – thermal options are recommended for the winter months.
- > Good closed walking shoes (running/tennis shoes are fine, hiking boots are not required unless you are planning a proper mountain hike or gorilla hike).
- > Sandals – preferably low heeled or flat if you are going on safari.
- > Swimming costume.
- > Lightweight jersey or fleece in summer.
- > Light rain gear or jacket for summer months.
- > Warm jersey or fleece plus anorak or parka in winter.
- > Additionally, a scarf, gloves and beanies/woollen hats for the cold winter months.
- > More formal attire for your stay at prestigious city hotels or on one of the luxury trains.

Equipment/Other

- > Good quality sunglasses, UV protected, preferably polarised. Tinted fashion glasses are not good in strong light.
- > If you wear contact lenses, we recommend that you bring along a pair of glasses in case you get irritation from the dust.
- > Torch/flashlight
- > Southern African bird guide if you are a keen birder, e.g., Newman's or Sasol.

- > Personal toiletries (basic amenities are supplied by most establishments).
- > Malaria tablets (if applicable).
- > Antihistamine tablets if you suffer from any allergies.
- > Anti nausea tablets if you suffer from motion sickness.
- > Moisturising cream and suntan lotion – SPF 30 or higher recommended.
- > Insect repellent for body application, e.g. Tabard, Rid, Jungle Juice, etc.
- > Basic medical kit (aspirins, plasters, Imodium, antiseptic cream and antihistamine cream, etc.)
- > Tissues/Wet Wipes.
- > Visas, tickets, passports, money, credit cards, insurance details, etc.
- > Camera equipment including spare batteries, chargers, film, flash cards, memory sticks, etc.
- > Waterproof/dustproof bag or cover for your camera.
- > We highly recommend that you bring your own pair of binoculars for viewing both wildlife and birds. The recommended general purpose binocular specifications are 8x40 or 10x42.

NOTE 1: Bright colours and white are not advisable whilst on safari. Camouflage clothing is not recommended for travel in African countries (camouflage or military-inspired clothing is prohibited when travelling in Zimbabwe).

NOTE 2: There may be a restriction on luggage limits on your safari – please ensure that you have the details from us according to your itinerary and check if you would like details on the feasibility and costs of taking excess luggage with you on any of these restricted luggage safaris.

NOTE 3: Most camps have reference materials/books and in the vehicles, so it is not necessary to bring these with you. However, we highly recommend that you do bring your own pair of binoculars in order to get the most out of your safari.

ENJOY YOUR JOURNEY WITH US!

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